

## FOUNDATION:

🌐 **Unbridled Leadership** believes the most powerful and sustained learning starts with the individual.

🌐 **Unbridled Leadership** uses the **Insights Discovery** model as the cornerstone of its workshop experience. This model is designed to inspire, engage and motivate an individual's awareness of self.

🌐 **Unbridled Leadership** creates deep insightful experiences, weaving the unique relationship between the horse and human.

## INCENTIVE:

🌐 Bottom line results require successful communication and relationship building with colleagues and clients. The more successful you are at connecting with others the better your ability to deliver effectively and productively.

## RETURN:

🌐 Participants will leave the workshop with a twenty page in-depth personal profile and a deeper understanding of themselves. This understanding provides the tools to foster positive working relationships.

## ABOUT US:

Our team is certified with the Equine Experiential Education Association (E3A) as practitioners in Equine Experiential Education and accredited Insights Discovery Practitioners.



## ABOUT OUR FACILITY:

Unbridled Leadership workshops are held in the state of the art facilities at Sumac Farms in Pictou County, Nova Scotia.

For more information on our workshops or for a Custom designed workshop for your organization contact us at:

🌐 [www.unbridledleadership.ca](http://www.unbridledleadership.ca)

✉ [info@unbridledleadership.ca](mailto:info@unbridledleadership.ca)



# *Unbridled* Leadership

A Unique Experiential Professional  
Development Program



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#### WHAT WE DO:

The Unbridled Leadership workshop explores the awareness, behaviours and attitudes required to be effective in relationship building. Key areas to be addressed:

- Individual Development
- Team Development
- Leadership Development

Unbridled Leadership facilitates learning experiences that blend the *Insights Discovery Learning System* with *Equine Experiential Learning*.

**“Good leaders make employees believe in them, great leaders make employees believe in themselves”.**

Carol Kinsey Goman, Ph.D., *The Silent language of Leaders*

#### WHAT HORSES CAN TEACH US:

Open yourself up to a new experience in professional development. In a pastoral setting, be part of a horse's world. Horses are like mirrors.

Horses bring us into the present moment constantly reading our energy and body language. As they have no verbal language, they read the non-verbal signals and behaviours we constantly give off. Horses look to humans, as well as other horses, to provide leadership. This parallels with people in the work place who look for inspiration and guidance from their leaders. The horse immediately picks up on our level of self confidence and our ability to build trust reflecting our behaviour back to us moment by moment.

*“I would rate the training 10 out of 10 and would highly recommend to others. The facilitators (including the horses) managed to get excellent group interaction right from the beginning. The course was interesting, informative and very well presented. An absolute benefit to anyone wanting to improve upon good leadership, communication and team building skills.”*

Shirley MacGillivray Senior Business Analyst at Northern Opportunities for Business Limited

Dates for sessions open enrollment  
evenings 6-8 pm daytime hours 9-3:30  
August 22 & 23  
September 26 & 27  
October 24 & 25  
November 21 & 22

To enroll email:

[info@unbridledleadership.ca](mailto:info@unbridledleadership.ca)